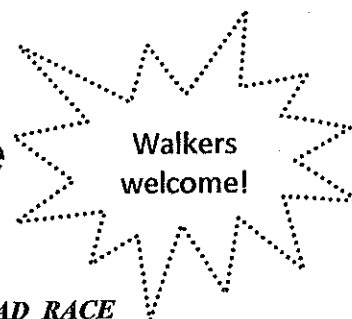


★ Army ★ Navy ★ Air Force ★ Marines ★ Coast Guard ★ Merchant Marines ★

The Twenty-third Annual
East Windsor
Veterans Day 5K Road Race

Saturday, November 11, 2023
10:00 am (regardless of weather)



SEED RACE FOR THE THANKSGIVING DAY MANCHESTER ROAD RACE

Schedule: Saturday, November 11, 2023
8:00 am Number pickup and late registration
9:30 am Veterans' Day memorial service
10:00 am 5K Start
10:45 am Awards and refreshments at Town Hall

Awards: Cash prizes: Top 3 Male / Female overall
Other prizes:
Top 3 Male / Female veteran
Top 3 Male / Female in each age division

Start / Finish: East Windsor Town Hall
11 Rye Street, Broad Brook CT

Amenities: USATF Certified course # CT 00025DR
Chip timing
Water station on the course
Refreshments after the race
T-shirts for the first 200 registered

Course: Old Ellington Rd. to Norton Rd. to
Deerfield Dr. to Omelia Rd. to Rye St..

Race Fees: AGES 0 THRU 17: **\$10** Up to and including Race Day.
AGES 18 THRU 100: **\$15**/ pre-registration, postmarked by Nov. 10, 2023
On Race Day, Nov. 11, 2023: **\$20**

Directions: Take I-91 exit 45 to Rt-140 East toward Warehouse Point / Ellington.
Follow 140 east for approximately 3.8 miles, then turn right at the light onto Rt-191 / Main Street.
Keep going straight (Main Street becomes Rye Street) for approximately 1.0 miles.
Bear right at fork in front of St. Catherine's Church. Town Hall and parking will be on your left.

Information: Online: www.eastwindsor-ct.gov. Call the First Selectman's office at (860) 623-8122, 8:30am to 4:30pm.

Veterans Day 5K Registration Form Nov. 11, 2023

Make checks payable to: "East Windsor Veterans Commission", P.O. Box 191, Broad Brook, CT 06016-0191

PRINT ALL INFO BELOW.

Name: _____

() Male () Female

Address: _____

Age on Race Day: _____

City, St. _____

Home Phone: _____

Circle T shirt size: S M L XL XXL

Are you a veteran? Branch of service: _____

Waiver: In consideration of my entry, I, my executors, heirs, administrators, and assignees do hereby waive and release the Town of East Windsor, the Veterans Commission, the Race Directors, the race timer(s) and their employees, volunteers, officials, and any sponsors for all claims arising out of my participation in this event or its related activities. I attest and verify that I have full knowledge and understanding of the risks involved in this event and that I am in sufficiently good physical health and sufficiently trained to participate.

Signature _____ Date _____

If under 18, Signature of parent or guardian _____ Date _____

PLEASE BRING A NON PERISHABLE FOOD ITEM TO THE RACE.